

Nurture Group Theory

The mix of children is carefully considered to create a balanced group. The aim is to always provide a safe, secure and differentiated learning environment, where children can learn through experiencing nurture from caring and reliable adults. The environment is one of home-like with warmth, comfort and security with a kitchen area, dining area and a sitting area.



At The Hub Bolton, we endeavour to provide the children who attend similar learning experiences as they would receive at school. This allows the children to gain the necessary skills to overcome their barriers to school and be successful on their transition back into their mainstream school.

This booklet has been compiled by:

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Information has been taken from The Nurture Group UK

and Triple P Parenting.

The Aspire Hub Bolton



Working with Children, Families & Schools to Raise Aspirations



The Aspire Hub Bolton is a school for children to attend when school or the Local Authority have identified that they need an Alternative Provision to support their Social, Emotional and Mental Health.

We are a member of the Nurture Group UK and use the theory and practice of Nurture Group Principles.

Purpose & Aims of The Hub

- ✓ To provide a flexible, preventative resource which is responsive to the particular needs of the children.
- ✓ To provide on-going assessment and support for children in Early Years, KS1 and KS2 showing signs of emotional stress and behavioural difficulties with the aim of enabling children to access the curriculum and participate fully in school life.
- ✓ To provide a secure and reliable small group setting where children's difficulties are looked at from a developmental perspective and they can learn by experiencing nurturing. The caring adults in the group actively work towards the transition back into a mainstream setting or special school.

Inclusive Practice in The Aspire Hub Bolton, we recognise that every child matters and aim to respond to each child's needs, taking into consideration their:

- ✓ Cultural background
- ✓ Life experiences
- ✓ Strengths
- ✓ Communication needs
- ✓ Emotional and social needs
- ✓ Developmental needs
- ✓ Physical needs.



Nurture Group Principles

1. Children's learning is understood developmentally
2. The classroom offers a safe base
3. The importance of nurture for the development of well-being
4. Language as a vital means of communication
5. It is understood that all behaviour is a communication
6. The importance of transitions in children's lives is understood


Working with Families

There is no one right way to be a parent. It's up to each of us to decide what values and skills we would like our children to have and how to teach them.

Parenthood can be extremely rewarding, enlightening and enjoyable. It can also be demanding, frustrating and exhausting. All parents make mistakes and most mistakes are minor!

We will support parents using the principles from Triple P Positive Parenting Solutions.

Our research shows that parents welcome their children attending The Aspire Hub Bolton, as this is an alternative to Permanent Exclusion from their Primary School. The Hub protects parents from the painful experience of their child being excluded from school. Exclusion causes practical problems for families and can be extremely damaging. However on some occasions children attend the Hub due to permanent exclusion and we will continue to assess and support, towards a new school or setting.



"The Hub is a fantastic provision for children with challenging behaviour! Since attending The Hub I've seen my sons confidence bloom as he has become generally much more happy and secure in himself as a result of the care and support he has received here. The work they do is absolutely amazing and I would highly recommend their services."

Stacey (Mum)

What We Offer

- ✓ A secure, safe and nurturing environment
- ✓ An holistic, differentiated curriculum based on individual developmental needs (with Boxall assessment and evidence provided by school)
- ✓ Experienced and trained staff
- ✓ Collecting evidence for the Early Years Foundation Stage and National Curriculum
- ✓ Information for statutory assessment
- ✓ Every 6 weeks, we will meet with school and parents to discuss and review child's progress and next steps
- ✓ Home visits from our Family Liaison to provide strategies and support for parents
- ✓ Stay, Play & Learn every Wednesday 2-3pm
- ✓ Triple P Parenting Programme (please ask for next session details—these 6 week programmes are run termly)
- ✓ Chill and chat (please look out for information)
- ✓ Liaise with other agencies involved with the child, attending TAF's, CAF's and Core Group Meetings
- ✓ We organise Speech & Language assessments (if needed)
- ✓ We organise Sensory Profiles (again, if needed)
- ✓ We can refer to CAMHS (if needed)
- ✓ Staff are available from 8:30am - 4:15pm

Whilst at The Hub ...

- ✓ Your child will need to wear their own school uniform
 - ✓ They will need their PE kit
 - ✓ They will need their school book bag
 - ✓ And a pair of comfy slippers /pumps (see Uniform policy for more info)
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- ✓ Your child will receive breakfast, snack, lunch and afternoon tea
 - ✓ Seesaw - this is an online learning platform and communication tool between us and parents. We will only fill this with positive comments, please do the same
 - ✓ Learn to recognise their emotions and how to respond to them
 - ✓ Learn to use meditation and breathing strategies
 - ✓ Weekly contact with their school—sometimes via Skype/ Teams
 - ✓ We will co-ordinate with school to ensure that your child is included in important school events e.g. school trips, photographs etc.

At times, it may be necessary for staff to use physical intervention to protect your child from hurting themselves, others or damaging property.

All staff are trained in de-escalation strategies and therefore, physical intervention will be used as a last resort. A copy of our Physical Intervention Policy is readily available in the reception area.

Aspire Hub Transport

Some children on placement arrive and leave by Transportation arranged by Aspire or the Local Authority . If your child is on the Transportation you will be required to drop off and collect your child at one of the collection points.

Children will be expected to behave in an acceptable manner whilst travelling on transport that has been arranged by the school and Local Authority. A child who misbehaves can either reduce the level of service for other children or become a health and safety risk for both him/herself and the other passengers on the vehicle. Whilst on school transport, pupils are expected to behave in a reasonable and sensible manner.

Children need to:

- ✓ Remain in their seats at all times.
- ✓ Wear their seat belts at all times.
- ✓ Follow and abide by the escort's instructions.

Children should not:

- Speak in an offensive/abusive manner, to the escort, driver or any other passenger on the vehicle.
- Behave in a way, which creates a danger for him/herself or the other passengers including the driver.
- Exhibit behaviour of a sexual nature.
- Smoke, eat, drink, spit or fight whilst on the transport.

Failure to adhere to transport rules may result in transport being removed.

Daily Routine

<u>Time</u>	<u>Activity</u>
8:45am	All children to be met by a keyworker, emotion registration in common room/classroom and then accompanied to their room STRUCTURED PLAY
9:00-9:30am	Register and breakfast, hand washing
9:30am	Calendar, wake and shake, mediation
09.45-10.45am	Teacher led activity – lesson input and phonics end of task structured play and Interventions on carousel
10.45am	Hand washing, Snack, and outside play
11:15am	Story + carpet time
11:30-12:10	Teacher led activity – Maths- lesson input
12:10pm	Hand washing ready for lunch
12.15pm	Dinner and outside play
1:15pm	Register, mediation and story – Mighty writer classroom or Woodland area
1.30-2.30pm	Teacher led activity – (craft, science, baking) Lesson Input Individual interventions, Reading 1-1 – Carousel
2.30pm	Hand washing, Snack
2:45-2.55pm	Story, certificates, interactive games
2.55-3:00pm	Coats & shoes – home time

Classrooms at The Hub



We have 2 classrooms, The Butterfly Room and The Den. Your child will be placed in the classroom that best meets their developmental needs, we will also take into consideration the dynamics of the group.

Stay, Play & Learn

Here at the Aspire Hub every Wednesday parents/carers are invited to come into school to Stay, Play and Learn with their child. This is a really good opportunity to see your child in their learning environment and spend some quality time together doing some super fun activities.



Chill & Chat

Being a parent is really tough. Our Chill & Chat group sessions are an opportunity for you to relax and talk in a safe non judgmental environment. They are also an opportunity for you to talk to our Family Liaison who has a listening ear. Reflect, seek advice and chat to other parents. You are not alone.

Extra Curricular

Children at The Aspire Hub are able to take part in learning new skills such as woodwork, baking, DIY and other life skills as part of 1-1 interventions.

Triple P Parenting

This is an evidence based parenting programme. Triple P gives parents simple and practical strategies to help them build strong healthy relationships and confidently manage their children's behavior.

Triple P is used in more than 30 countries and has been shown to work across cultures, socio-economic groups and in many different kinds of family structures.

Positive Touch

At The Aspire Hub we use positive touch which is a form of peer to peer massage. The children can either use the techniques to self soothe or to promote positive touch towards their peers. These different massage techniques help to release the happy chemicals.

These 4 chemicals can increase happiness levels.

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This can help with feelings of hopelessness, anxiety, inability to focus, lack of motivation, low self esteem, low energy or fatigue and insomnia.